

Bullying: What you should know

One of every five students reports being bullied during the school year

BULLYING CAN TAKE MANY FORMS INCLUDING:

- Unwanted aggressive behavior
- Observed or perceived power imbalance
- Adverse behavior that is repeated or likely to be repeated

IT CAN BE PERVASIVE AND OCCUR:

- In person (verbal or physical or both)
- Online, through social media and texts

Bullying hurts everyone

- Bullying is not just about the student being bullied — the behavior can impact all students in the school, including the bully
- Creates a poor school environment
- Can negatively impact school staff

Statistics show:

- Victims of childhood bullying have a higher risk of developing mental health problems later in life.
- A connection between bullying and other problems such as gang-related violence and behavioral health risks such as substance use.
- Any involvement with bullying can significantly contribute to feelings of helplessness and hopelessness that raise the risk of suicide.

Our specialized behavioral health programs are tailored to your child's needs. We can help your child learn new coping skills to help build resiliency. Call us today at 800-753-5223 for a no-cost assessment.



For more information, visit stopbullying.gov or pacer.org.



19 Prospect Street | Summit, NJ 07902
800-753-5223 | summitoakshospital.com

