

Adult Inpatient Rehabilitation Program

Treatment journeys may begin or continue in our 20-bed, short-term, inpatient Rehabilitation Program. In this treatment program, individuals may progress through additional therapeutic processes to help maintain sobriety. We provide a nurturing environment designed for those who wish to learn and/or enhance new coping skills, relapse prevention techniques and methods of continuing a long-lasting and healthy lifestyle.

Services we provide:

- **Comprehensive evaluation**
- **Medication-assisted treatment**
- **Individualized treatment planning**
- **Medication management**
- **Group therapy**
- **Psychoeducation**
- **Recreational activities**
- **Relapse prevention principles and education**
- **12-Step groups**
- **Case management**
- **Aftercare planning**



ABOUT US

Summit Oaks is one of the oldest behavioral health and substance use treatment centers in New Jersey and includes a 122-bed hospital and an outpatient counseling center. Our programs are designed to stabilize, support and provide hope for patients of all ages. Our compassionate admissions staff members are available 24/7, including holidays, to begin the admission process.

We accept most major insurances including Horizon Blue Cross® Blue Shield®, Aetna®, Cigna®, Oxford UBH, Qualcare®, TRICARE®, Medicare and Medicaid. If your insurer is not contracted with us, we work directly with most insurers on out-of-network single-case contracts.

Get Help Today, Give Us a Call

Summit Oaks Hospital offers no-cost, confidential assessments 24 hours a day, 7 days a week. To begin your treatment journey, please call 800-753-5223 today. It's never too late.



@SummitOaksNJ



@SummitOaksHospital

19 Prospect St. | Summit, NJ 07902, USA

Toll Free: **800-753-5223** | Local: **908-522-7000**

summitoakshospital.com

TRICARE® is a registered trademark of the Department of Defense, Defense Health Agency. All rights reserved. Physicians are on the medical staff of Summit Oaks Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Summit Oaks Hospital. The facility shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 202285-3976 6/20

