

Adult Inpatient Psychiatric Program

Summit Oaks Hospital provides short-term stabilization for adults who are struggling with mental health crises. Psychiatrists, medical professionals and licensed therapists provide monitoring and treatment to help patients progress through the process and develop a healthy lifestyle.

The treatment team helps develop individualized treatment plans designed to address immediate needs and care in a supportive environment. This specialized program prepares individuals to return to the community with new skills that promote personal and emotional development.

The program provides:

- **Comprehensive evaluation**
- **Crisis intervention and stabilization**
- **Medication management**
- **Group therapy**
- **Medical monitoring**
- **Recreational therapy**
- **Psychoeducation**
- **Case management**
- **Discharge and aftercare planning**



ABOUT US

Summit Oaks is one of the oldest behavioral health and substance use treatment centers in New Jersey and includes a 122-bed hospital and an outpatient counseling center. Our programs are designed to stabilize, support and provide hope for patients of all ages. Our compassionate admissions staff members are available 24/7, including holidays, to begin the admission process.

We accept most major insurances including Horizon Blue Cross® Blue Shield®, Aetna®, Cigna®, Oxford UBH, Qualcare®, TRICARE®, Medicare and Medicaid. If your insurer is not contracted with us, we work directly with most insurers on out-of-network single-case contracts.

Get Help Today, Give Us a Call

Summit Oaks Hospital offers no-cost, confidential assessments 24 hours a day, 7 days a week. To begin your treatment journey, please call 800-753-5223 today. It's never too late.



@SummitOaksNJ



@SummitOaksHospital

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summitoakshospital.com

Physicians are on the medical staff of Summit Oaks Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Summit Oaks Hospital. The facility shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the non-discrimination notice, visit our website.
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