



ABOUT US

Summit Oaks is one of the oldest behavioral health and chemical dependency centers in New Jersey and includes a 122-bed hospital and an outpatient counseling center. Our programs are designed to stabilize, support and provide hope for patients of all ages.

Our compassionate admissions staff members are available 24/7, including holidays, to begin the admission process so you can start your recovery journey. Master's-level clinicians and nursing staff can provide quality clinical care right from the first call. Whether you're looking for more information or are ready to schedule a no-cost, confidential assessment, our highly trained staff are ready to assist you.

We focus on identifying problems and finding solutions. Call 908-522-7071, 24 hours a day, 7 days a week for no-cost personal, confidential assessments.

Most Major Insurances Accepted including Horizon Blue Cross® Blue Shield®, Aetna®, Cigna®, Oxford UBH®, Qualcare®, TRICARE®, Medicare and Medicaid.



19 Prospect Street
Summit, NJ 07902
summitoakshospital.com
Toll-free: 800-753-5223
24-hour admissions: 908-522-7071



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With limited exceptions, physicians are not employees or agents of this hospital.

Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 190416-0049 3/19

Quality inpatient and outpatient behavioral healthcare



Serving adults, adolescents and children



summitoakshospital.com

SUPPORTIVE TREATMENT FOR A BETTER TOMORROW



ADULT INPATIENT SERVICES

We provide 24-hour clinical supervision to help and support patients in their journey to wellness. Our evidence-based therapies include art and music therapy, yoga and aromatherapy. Treatment is designed to help individuals develop alternative coping skills to help improve functioning so they can live a healthier life.

Psychiatric Program

If you are experiencing acute mental health problems and are in crisis, we can help. We provide a supportive environment with 24-hour clinical supervision. We can help you find alternative coping skills with a variety of therapies designed to improve functioning.

Drug and Alcohol Detoxification

The professionals at Summit Oaks Hospital are here to help you start a new beginning free of substance use. We provide a medically managed detoxification followed by evidence-based therapy. Our extensive interventions can help patients develop skills for long-term recovery.

Inpatient Rehabilitation

After detoxification, we can help develop what patients have already learned. We can help individuals with additional coping and relaxation skills in addition to other ways to manage recovery and prevent relapse.

Dual Diagnosis Program

For those who struggle with acute behavioral health issues and substance use, we can provide a structured environment to help stabilize both issues in a clinical setting. Our team can provide evidence-based therapies that can lead to a more successful future.



CHILDREN AND ADOLESCENT INPATIENT PROGRAM

We provide help to children and adolescents (ages 5 to 17) who are in crisis and need 24-hour clinical supervision. Our staff can evaluate and stabilize young patients with psychiatric disorders, emerging destructive behaviors and other mental health concerns. Our goal is to provide support to manage emotional and behavioral issues in a caring setting.

We can also help adolescents who struggle with substance use in addition to a mental health disorder. We can address both issues and provide treatment that can lay the foundation for a successful recovery.



ADULT OUTPATIENT PROGRAMS

Our programs are designed to provide structured therapy while accommodating work schedules, childcare and other commitments. We incorporate group therapy, medication management, psychoeducation, family work, as well as coordination of care and referrals upon successful discharge.

Partial Hospitalization Program (PHP) for mental health and co-occurring disorders. Our PHP program is a five-day-a-week program that provides group therapy, medication monitoring, family work, and care management services.

Dual Diagnosis Intensive Outpatient (IOP)

This three-day-a-week program is for those who have completed PHP or who do not require a higher level of treatment. Patients continue to receive group therapy, family counseling and medication monitoring.

Substance Use Intensive Outpatient (IOP) Our day or evening program meets three days a week to support those in early recovery from substance use disorders. Clients receive educational groups as well as traditional group therapy to help maintain recovery.

IOP with Medication-Assisted Treatment (MAT)

The New Options in Wellness (N.O.W.) program is designed for adults who can benefit from Suboxone® to help maintain recovery. Each client works with a licensed Suboxone® prescriber during treatment.

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