

# The N.O.W. Program

*New Options  
in Wellness*



## Intensive Outpatient Program (IOP) With Suboxone Therapy

The N.O.W. Program at Summit Oaks Hospital offers hope to adults struggling with addiction through the use of suboxone, an opiate-based treatment. An alternative to traditional substance abuse programs, Suboxone therapy has the potential to stabilize and manage withdrawal symptoms and cravings. The structured outpatient program's goal is to help reduce the painful symptoms of withdrawal, improve the client's level of functioning and increase the chances of a successful outcome.

The program is held three evenings a week, Monday, Wednesday and Thursday from 6:00 to 9:00 p.m. to accommodate working adults.

### ***The program includes:***

- Comprehensive evaluation/assessment
- Medication-assisted treatment – Suboxone therapy
- Individualized treatment plan
- Group therapy
- Psycho-educational groups
- Linkage with community support systems



***To learn more, call toll free  
800-753-5223***

For free, confidential assessments,  
24 hours a day, 7 days a week

**908-522-7071**

*Most Major Insurances accepted, including Medicare,  
Medicaid (for clients under 21 and over 65), and TRICARE®.*



**Summit Oaks  
Hospital**

**How do I get into the program?**

Call **800-753-5223** for a free evaluation to get you started the next program day.

**Do we take Medicare and Medicaid patients, as well as regular insurance?**

Yes, and we will check your eligibility to see what your plan covers. We may have to obtain prior authorizations for treatment.

**How long does the program last?**

The program is designed to run between 10 and 12 weeks, but this depends on the individual's needs. Your length of treatment may increase or decrease.

**Can I just get a prescription for Suboxone, and not attend the program?**

The program provides help, support and assistance in gaining coping skills and strategies to cope with life's stressors. We do not just prescribe medications.

**Can I be started on Suboxone while in the program?**

We review this on a case-by-case basis.

**Can I come off Suboxone while in the program?**

Yes, under the recommendation and supervision of our team.

**Will I see a doctor while in the program?**

Yes, doctors supervise your care during your time with us.

**Will I have to give random samples?**

Yes, this is an expectation of the program. It allows us to check your levels, and ensure that everything is OK.

**What can I expect from the program?**

- You will be in a safe environment, where you will not be judged for the treatment choices you have made.
- A full evaluation – to set the best treatment course for you.
- Group therapy treatment – where you are surrounded by people with similar issues, trying to get the coping skills to pave the way for a more fulfilling life and sense of well-being.
- The groups are led by therapists trained in substance abuse and the therapeutic approaches that will assist those with substance use disorders.
- Doctor visits – by a physician experienced in substance use disorders.

**What happens if I miss a day of treatment?**

Any absences should be reported to the program therapist. You should then attend treatment the next program day.

**What happens after treatment?**

We will assist in setting up community resources including substance use support networks, outpatient therapists and psychiatrists.



**Summit Oaks  
Hospital**

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[www.summitoakshospital.com](http://www.summitoakshospital.com)